



Your 3 to 6 month emergency fund tracker

Your safety net starts here. Use this tracker to see your progress and stay motivated.

BOX A

R

÷ 10

x 6 MONTHS
= TOTAL SAVINGS:

R

= BOX B

R



Pro tip: Start small – even R50 a week builds up. Increase the amount whenever you can.

How it works

- 1. Box A:** Write down how much you need to cover your **essential monthly expenses** – things like rent, food, transport, school costs, and basic bills.
- 2. Divide by 10:** Take the amount in Box A and divide it by 10. Write that number in Box B.
- 3. Colour as you go:** Each row in a jar = the amount in Box B. Every time you save that amount, colour in a row.
- 4. Set your target:** Aim for at least **3 months** of expenses – 6 months if you can. That's real peace of mind in case of emergencies like job loss, illness, or urgent repairs.

Example:

If your monthly essentials cost R4 500:

- Box A = R4 500
- $R4\ 500 \div 10 = R450$ in Box B
- Every time you save R450, colour in a row.
- Once all jars are full, you've saved 6 months of essentials = R27 000.

your future now

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